

KSCBulletin

http://kscbulletin.ksc.nasa.gov

No. 06-38 September 29, 2006

Published weekly under the provisions of KNPD 1590.2. Submit items to KSC Bulletin using the Online Request form. All notices contained herein must comply with the nondiscriminatory principles of the Federal Equal Opportunity Program. Advertised items must be available without regard to race, color, religion, sex, age, national origin, or disability.

DEADLINE FOR OFFICIAL/UNOFFICIAL/PERSONAL NOTICES IS TUESDAY, 9:00 am

OFFICIAL

FLAGS AT HALF STAFF: The United States flags flew at half staff on the Kennedy Space Center September 23, 2006, in honor of Kent I. Lipscomb, a Mechanic-Technical Lead with United Space Alliance. Mr. Lipscomb died on September 14 and his funeral was September 23, 2006. A flag of the United States, which had flown over the Kennedy Space Center during Mr. Lipscomb's career, was presented to his next of kin by his management as a token of gratitude for his service to the National Aeronautics and Space Administration. (TA-G)

REPORTING EMERGENCIES: To report any emergency on KSC, whether it is fire, security, or medical related, (including possible hazardous commodity exposure); dial 9-1-1 or 867-7911 from a cell phone. For walk-in type first-aid treatment, the Occupational Health Facility is open Monday - Friday from 7:00 am to 5:00 pm, and the Launch Area Clinic is open Monday-Friday 7:00 am to 3:00 pm. Hours other than those, call 9-1-1 for emergencies and/or first aid type treatment. **After normal working hours, the non-emergency medical related assistance will be coordinated through the 9-1-1 operators.** (TA-G)

EMPLOYEE ASSISTANCE PROGRAM: All employees are reminded that the Employee Assistance Program offers free, confidential counseling to all Kennedy Space Center and Cape Canaveral Air Force Station employees. Appointments are necessary to ensure adequate time. This program is available Monday through Friday, 7:30 am to 4:00 pm. Appointments may be made by calling 867-7398. (TA-C2)

MASSAGE THERAPY: Massage Therapy available Tuesday-Friday10:00 am-4:00 pm, room 1023, O&C Building. To schedule an appointment contact Valerie, (L.M.T. #19362) at 867-4762 or **JaramVS@kscems.ksc.nasa.gov.** \$1.00 per minute/packages available. Gift certificates also available. (TA-C2)

KSC "STRESS OUT" DAY: THE EAP and HEWP programs are sponsoring the first ever KSC "Stress Out" Day. This will be a day for KSC employees to learn about and participate in services, activities, and programs to "get the stress out."

"Stress Out" Day will be held on Thursday, October 19th with exhibit booths and demonstration area in the O&C MBR from 10:00 am – 2:00 pm and an open break-out stress management workshop (first-come, first-serve seating) held from 11:30 am-12:30 pm in the O&C, Room 2004. Exhibit booths include stress-reduction related community vendors and KSC services ranging from mental health counseling, health promotion and wellness, fitness, dance and recreation, massage, biofeedback, financial planning, meal and cleaning services, and much more - everything to make our lives less stressful! Demonstrations include activities such as yoga, tai chi, and dance.

Mark your calendars and plan to participate! For more information, call the EAP at 867-7398 or HEWP at 867-3414 or 867-4566. (TA-C2)

DID YOU KNOW?: Visit the new KSC Health Cliques website to find out if you know the health tip of the week! For comments regarding KSC Health Cliques, contact Kris Calderon, 867-3414 or Lauren Ratner, 867-4566. (TA-C2)

KSC/CCAFS HEALTH EDUCATION & WELLNESS PROGRAM (HEWP)

http://hewp.ksc.nasa.gov

SEPTEMBER 2006 POLLUTION PREVENTION: In our fast-paced lives, we tend to disregard many things. Unfortunately, one of the things we disregard is our environment. Our American lifestyle seems to give us almost no choice but to incorporate cars, fast food, disposable items, newspapers, air conditioning, household appliances, and many other items into our daily routines. Unfortunately, what we gain in ease, safety and comfort from using these items, we lose in the frustration of having to deal with the health problems that are directly related to the pollution we have put into the environment. The September 2006 packet addresses pollution education and prevention.

Hardcopies of the packet will be available at all medical and fitness facilities. If you or your department/organization would like to be added to the monthly packet hardcopy distribution list, please call Kris Calderon at 867-3414.

NEW EDUCATION SEMINAR SERIES:

To be placed on the Diabetes Interest Group e-mail listserv, please e-mail Kris Calderon at **Kristine.Calderon@jbosc.ksc.nasa.gov** Listserv members will be sent information from the diabetes education series seminars along with other information and announcements pertaining to diabetes.

LAST RESORT TOBACCO CESSATION PROGRAM

Have you tried everything to quit smoking or using tobacco and nothing has worked? Are you tired of everyone telling you that you need to quit when you can't? Do you want to quit and are willing to try your last resort? Try "The Last Resort Tobacco Free Program" offered at the OHF! The Last Resort Tobacco Free Program is designed to assess your individual needs to quit tobacco use (cigarettes or smokeless tobacco), introduce you to the latest nicotine aids and drug therapy that is appropriate for your treatment, and provide you with individual support from our Employee Assistance Program (EAP) and Health Education and Wellness Program (HEWP) staff.

TRY "THE LAST RESORT TOBACCO FREE PROGRAM" OFFERED AT THE OHF! The Last Resort Tobacco Free Program is designed to assess your individual needs to quit tobacco use (cigarettes or smokeless tobacco), introduce you to the latest nicotine aids and drug therapy that is appropriate for your treatment, and provide you with individual support from our Employee Assistance Program (EAP) and Health Education and Wellness Program (HEWP) staff.

The Last Resort Program

- Phase 1: Smoking History Intake/See an OHF health care provider for drug therapy
- Phase 2: Complete 2 individual sessions with EAP staff
- Phase 3: See your OHF health care provider for drug therapy follow-up
- Phase 4: Complete 2 individual sessions with HEWP staff
- Phase 5: See your OHF health care provider for drug therapy follow-up

Stop by the OHF for information and to see an OHF health care provider.

For more information call the EAP at 321-867-7398 or HEWP at 321-867-3414.

FUEL FOR WOMEN:

<u>Fuel 4 Women List Serve</u>: All women at the spaceport can join the Fuel 4 Women list serve where monthly newsletters and program announcements will be e-mailed to list serve members each month.

Please contact Lauren Ratner, Health Education Intern at **Lauren.Ratner@jbosc.ksc.nasa.gov** for more information about or ideas for Fuel 4 Women and to join the list serve.

2006 CARDIOVASCULAR DISEASE (CVD) SCREENING SCHEDULE:

DATE	PLACE	TIME
Wednesday, October, 11th	OHF	7-8 a.m.
Thursday, October 12th	LAC (MFF)	7-8 a.m.
Wednesday, November, 15th	OHF	7-9 a.m. (2 hrs)
Wednesday, December, 6th	OHF	7-8 a.m.
Thursday, December 7th	LAC (MFF)	7-8 a.m.

OHF – Occupational Health Facility (M6-495, Industrial Area @ KSC)
LAC (MFF) – KSC Launch Area Clinic (Multi-Functional Facility @ KSC)

The 2-page CVD questionnaire can be picked up at any medical facility. The questionnaire can also be downloaded from the SGS home page/ forms: http://kscboc-forms/KSCForms2/ref/KSC28-1010.itr. This form can be filled out on-line and then printed. Please print each page separately. You must fast for 12 hours prior to coming to the screening (nothing but water).

STRESS MANAGEMENT WORKSHOP: Any employee group can request delivery (at any time of the year, during the workday) of a newly developed, interactive workshop designed to teach employees how to handle stress at their workplace and in their lives. The workshop can be condensed to 30 minutes or extended to more than an hour for optimizing coping and relaxation skills. Kris Calderon, PhD, CHES, BCIAC, KSC/CCAFS Health Education Administrator will be offering this workshop. Kris is certified in biofeedback and has used relaxation training for stress management in her teaching, service, and research. If interested, please contact her at 867-3414 or e-mail at

Kristine.Calderon@jbosc.ksc.nasa.gov for more information. The workshop can be delivered in any worksite setting.

COLORECTAL CANCER SCREENING: Small amounts of blood in your stool, which can be detected with hemoccult slides, can be an indication of colorectal cancer. Hemoccult slides and instructions are available at all medical facilities during hours of operation.

WORKSITE LECTURES: Work-site lectures on any health subject and requests for health information or counseling are available upon request to Kris Calderon, phone: 867-3414, e-mail: **Kristine.Calderon@jbosc.ksc.nasa.gov.** (TA-C2)

WORLD TRADE CENTER REPORTS: Copies of the National Institute of Standards and Technology (NIST) reports on the World Trade Center disaster are available for loan from the KSC Library Documents, Specifications, and Standards Dept. A limited number of CDs containing all nine reports are also available. The reports are also available at http://wtc.nist.gov/reports_october05.htm

You may checkout copies of the reports in HQ Room 1124, or send a request to mail code Library-D, call 867-3613, or email mailto:KSCLibrary@jbosc.ksc.nasa.gov. (TA-E1)

AUTHENTICATED:

Jan Mayers, Center Services (TA-E1)

Janet a. Mayers



UNOFFICIAL

CAFETERIA: VISIT OUR WEBSITE TO VIEW MENU CHANGES. EACH CAFETERIA IS DIFFERENT. HTTP://CAFETERIA.KSC.NASA.GOV/

KSC TOASTMASTERS: Become the Speaker and Leader you want to be! Two on-site Toastmasters clubs meet every Wednesday from 11:30am-12:30 pm in HQ 2254 and OSB 3303B. Are you interested in becoming a competent speaker? Are you looking for a comfortable, fun, supportive environment to develop your speaking skills? Are you interested in becoming an effective leader? If you answered YES to any of these questions, then joining one of the two on site KSC Toastmasters clubs is something you should consider. Both clubs meet weekly (on Wednesday) from 11:30 am-12:30 pm at KSC. KSC Toastmasters club 3695 meets in HQ 2254 on Wednesdays at 11:30 am. (For more information, visit http://ksc.freetoasthost.info or, contact Betty Wells at (321) 867-3709. LC-39 Toastmasters meets in OSB 3303B on Wednesdays at 11:30 am. (For more information, visit http://lc39.freetoasthost.net or contact Bradley Carlson at (321) 861-0507 bradley.j.carlson@nasa.gov)

KARS PARK CERAMIC CLUB SPECIAL: Half price membership until the end of the year. We offer free classes, and will teach you what you need to know to make beautiful items for the holidays. Call LaVerne Woodard, President at 452-1068, Ellie Miller at 476-3777 or Geri Fortner at 783-0403 and we will be glad to give you more information.

NASA EXCHANGE: All purchases are tax free. New items arriving daily, everyday you will see something new. Exchange stores are open Monday through Friday. HQ 7:00 am-4:30 pm room 1106, OSB 7:00 am-5:15 pm room 1103, O&C 8:00 am-4:00 pm room 1047 and SSPF 8:00 am-4:00 pm room 1042. Visit our web page at http://nasaexchange.ksc.nasa.gov for more information.

KSC EXCHANGE – HAIR SHOPS: Our shops offer a full line of services for men and women. This includes regular haircuts, perms, frosts, beard trims, razor cuts, shampoos and colors! Visit us in the HQ building, room 1251 (7-7077), and see Sharon or Janet from 8:00 am until 3:30 pm. In the OSB building, room 1118 (1-3026) come in and see Fred or Rocky from 8:00 am until 4:00 pm. Call for an appointment but walk-ins are welcome!

KSC EXCHANGE – CITGO GAS STATION: This week's specials: Tire rotation - Cars are only \$15 and vans and trucks are \$20. Balancing is extra. Brakes: Front brakes for \$94.95 and that includes semi-metallic pads and turn rotors. Rear drum brakes are \$84.95 and rear disc brakes are \$114.95. These prices are for most vehicles. Call 453-1254 for an appointment or more information. Pay at the pump is open 24 hours -- Gasoline, Bio-diesel and E85 Ethanol are available. CITGO and most major credit cards accepted. For information, call 453-1254.

KSC ON SITE CITGO SERVICE STATION DISCOUNT PROGRAM: Goods news for KSC employees! The KSC CITGO Service Station is pleased to offer KSC employees a discount program called "Bounceback." When a customer uses their CITGO Plus card, their CITGO fleet card or a CITGO Cash card, they are automatically discounted 4 cents per gallon at the pump. The cash cards (similar to gift cards) are available for sale inside the KSC Service Station. Cash cards can be purchased in various denominations.

KENNEDY SPACE CENTER FEDERAL CREDIT UNION REPOS: Repos located at the Merritt Island office. *ALL REPOS 6.99% APR.* 2005 Lincoln Town car, 4-door, \$29,995; 2001 Ford Super Crew Cab 4x4, \$14,225; 2001 Dodge Ram 1500, \$6700 call 455-9400, extension 5443. See pictures at www.kscfcu.org

PERSONALS

VANPOOL

Join Vanpool: Melbourne, Eau Gallie, I.H.B., Satellite Beach via A1A to CCAFS, 7:00 am-3:30 pm, Rick, 693-1791/853-7110.

Join Vanpool: Melbourne Eau Gallie area to Headquarters, M&O, CCAFS R&D bldg, 7:30-4:00, 867-4634.

Join Carpool: South Merritt Island to Headquarters/O&C/SSPF, Monday-Friday, 6:30-7:00 am to 3:00-3:30 pm, 2 person carpool, Alan, 867-7554/452-8422.

Join Carpool: Winter Springs/Oviedo to KSC Industrial Area, 7:30 A.M. to 4:00 P.M. need 1 more person; Dave, 867-4137/407-365-5724.

GARAGE SALE

Garage Sale: 9/30, 8:00 am-?, 4980 Shade Tree Street, North Friday Road, Cocoa, 636-6977.

Garage Sale: 9/30, 8:00 am-noon, children's toys and clothes, other misc. items, 7165 Briggs Avene, Port St. John, 446-1638. Garage Sale: 9/29-30, 7:30 am-2:00 pm, new/used furniture, antiques, home decor, more, 4260 Osceola Road, Titusville, 268-2820. Yard Sale: 9/30, 8:00 am-2:00 pm, lots of household items, kitchen items, furniture, 112 S. Brown Avenue, Titusville, 269-1200.

REAL ESTATE FOR SALE

House: 3bd/2ba/2cg, den/office, 2012sf, 1.04 acres, big trees, offering \$5000 at closing, Friday Road, West Cocoa, \$294,900, 321-453-3138.

House: 3bd/2ba, remodeled mid-century modern at it's finest, central, everything brand new, close to KSC, Merritt Island, \$215,000, 544-5991.

House: 4bd/3ba/3cg, brand new, granite w/stainless steel appliances, 3050sf under air, paver drive, Savannahs golf course, Merritt Island, \$539,000, 454-4204.

House: 3bd/2ba/1cg, 1096sf, Merritt Island, \$178,000, 407-568-3301.

House: 4bd/2ba/2cq, office, formal dining, 1/4 acre, corner lot, near schools/shopping, fenced yard, Catalina Isles, Merritt Island, \$244,000, 453-1245.

House: 3bd/2.5ba/2cg+, 1 acre, 30 year roof, oak flooring, screened pool, spa, waterfall, 5 miles to KSC, 650 Kings Way, Merritt Island, \$419,900, 459-1713.

House: 3bd/2ba, totally remodeled, Lockmar Estates, Palm Bay, \$229,900, 321-676-4396.

House: 3bd/2ba/1cg, totally remodeled, new tile/carpet/cabinets/appliances, 0.3 acre fenced lot, SE Palm Bay, \$187,000, 631-9955

House: 4bd/2ba, terrazzo floors, screened-in heated pool, fruit trees, sprinkler system, 8x12 shed, privacy fence, S. Rockledge, \$219,900, 632-5451.

House: 3bd/1ba/1cg, 2 patios, big fenced back yard, completely refurbished, like brand new, Rockledge, \$179,000, Jill, 536-8944.

House: Brick w/barn, 5 acres, needs TLC, Scottsmoor, \$280,000/BO, Sherry, 321-298-3465.

House: 3bd/2ba/2cg oversized, 1600sf, 2-story w/balcony, new A/C/H2O heater/roof, oak cabinets, insulated sunroom, Titusville, \$179,900, 267-8632.

House: 3bd/2ba/2cg, 2500sf, built 2003, office/living/family rooms, plant ledges, alarm, sprinklers, vaulted ceiling, \$234,000, Titusville, 407-267-2986.

House: 3bd/2ba/2cg, CBS, 2003 custom, all extras, Abbeywood, Titusville, \$219,000, 321-652-9125.

House: 3bd/2ba/2cg plus den, tons upgrades, security system +, off Sisson Road near SR405, Sterling Forest by Mercedes, Titusville, \$249,900, 321-759-3520.

House: 3bd/2ba/1.5cg, 1400sf, large lot, south of Pineda Cswy, \$242,000/BO, 321-751-1159.

House: 5bd/3ba/2cg oversized, living, dining, Florida room, second story w/balcony, bonus room, granite counter tops, tile/carpet floor, \$690,000, 321-698-5982.

Condo: 1bd/1.5ba, just built, 908sf plus screened patio, walk to beach, close to port, Cape Canaveral, \$159,000, 543-1349.

Timeshare: Efficiency, sleeps 4, week 43, Oct 28-Nov 4, Sea Club IV, Daytona Beach, \$3000, Joseph, 269-4808.

Timeshare: Leaf Peepers, sleeps 4, 10/13/06 thru 10/20/06, Blue Ridge Village, Banner Elk, North Carolina, \$800, 321-698-5193.

Mobile Home: 3bd/2ba, double wide, completely remodeled, new everything, \$110,000, 749-7702.

Mobile Home: 3bd/2ba, .51 acres, huge front porch, 18' above ground pool, Mims, \$133,000, 383-1883.

AUTOMOBILES. RV'S. and CAMPERS FOR SALE

1974 VW Beetle, very good condition, \$2595/BO, 321-242-2186/321-543-9635.

1975 Jeep CJ5, 6cyl. A/T, body and frame in excellent condition, \$3000/BO, 321-480-2093.

1980 Corvette, silver, A/C, 3-speed, A/T, engine replaced, factory 350CID 300hp, transmission overhauled, new brakes, \$9000/BO, 453-6784.

1984 Corvette, 4-3 overdrive, cold A/C, red, new tires, new stereo MP3, 350 ci engine, 140K miles, \$8000/BO, 720-3746.

1987 Nissan 300ZX Turbo, leather, T-top, \$2500/BO, Mike, 321-505-0165.

1992 Mazda Navajo LX, 1 owner, new tires, well maintained, excellent condition in/out, great 2nd car, \$1350, 267-1708.

1993 Nissan truck, 5-speed, runs great, A/C, new paint job, great mpg, excellent condition, 4cyl, \$3895, 269-7793.

1993 Ford, Inline 6cyl, runs good, part out or sell whole truck for \$350, 383-1883.

1993 Toyota Celica convertible, Sony stereo w/remote, great gas mileage, cold A/C, A/T, all power, 132K miles, \$3100, 321-610-0308.

1994 Dodge Intrepid ES, 3.5L, V6, A/T, needs paint, \$1000/BO, 264-2308, leave message.

1995 Cadillac Concours Deville sedan, loaded, new tires, \$2995/BO; 1993 Lexus ES300, loaded, new tires, \$4995/BO, Rex, 543-6582.

1995 Pontiac Grand Prix, A/T, A/C, V6, CD, \$3000, 321-631-8253.

1995 Kodiak Skamper 26' fifth wheel camper, slide out, great condition, \$6500, 698-6977.

1995 Honda Civic DX, coupe, A/T, white, spoiler, aluminum wheels, new tires, looks/runs great, 114,500 miles, \$3200, 799-2744/302-0439.

1995 Ford F-150, king cab, A/T, A/C, P/L, P/W, C/C, good tires and brakes, 196,500 miles, runs perfect, very clean, well maintained, \$4800, 266-5484.

1995 Infiniti G20, silver, A/T, A/C, sunroof, ABS, all power, dual air bags, loaded, many new parts, \$3500, 795-9051.

1997 Ford Explorer XLT, 90K miles, forest green, new tires, AM/FM/CD, leather seats, tow package, low miles, \$4750/BO, 452-1675.

 $1998\ Ranger\ XL,\ 4cyl,\ 2.3L,\ manual,\ 2wd,\ 103,500\ miles,\ tint,\ cold\ A/C,\ AM/FM,\ P/S,\ SRS,\ ABS,1\ owner,\ excell\ cond,\ \$3000/firm,\ 407-575-1938.$

1999 Jeep Wrangler Sport, 57K low miles, good condition, warranty, newer tires, lots of extras, \$10,750/firm, 626-2268.

1999 Dodge Ram 2500 Diesel SLT, short bed, 2-door, 125K miles, \$12,000, 937-554-8152/386-423-4712.

1999 Jeep Limited Grand Cherokee, 4wd, AM/FM/CD, tow package, power everything, cold A/C, new tires, excellent condition, 110K miles, \$5000, 639-8346.

1999 BMW M3 convertible, 2-door, 54K miles, blue, excellent condition, leather, CD, all power, new tires, \$21,500/BO, Tim, 321-223-7368.

1999 Dodge Dakota Sport, good condition, new tires, \$4000/firm, Jeff, 302-9153.

1999 Honda Civic S1 V-Tec, 30mpg, perfect condition, below bank value, \$6200, 636-1150.

1999 Ford F150, 4.6L, extended cab, P/W/L, P/S, A/C, looks good/runs good, \$6000, 631-3912.

2000 Dodge Dakota SLT Quad-cab pick-up, 2wd, 6cyl. 5-speed, grey, new tires, 61K miles, excellent condition, \$11,000/BO, 321-514-8399/321-634-5223

2002 Mustang, green, tan interior, tint, spoiler, alloys, A/T, extended warranty, P/W/L, 54K miles, \$8700, William, 383-3360, after 5:30 pm.

2003 Ford F250 XLT, super cab, power stroke diesel, fully loaded, factory warranty on engine, extended bumper to bumper, \$21,500/BO, 321-288-5693.

2003 Ford Explorer XLT, leather, power sun roof, 3rd row seat, rear A/C, new tires, 68K miles, \$13,000/BO, 407-963-9692.

2004 SantaFe, A/C, sunroof, running boards, tow package, 2.7L, 6cyl, 25K miles, runs great, \$15,000/BO, 639-5199.

2005 Honda Civic LX Special Edition, A/T, AM/FM/CD/MP3, tinted windows, remote entry, alarm, garage kept, 13K miles, \$14,888, Edwin, 267-1617.

2006 Toyota Solaro SLE, pearl white, loaded, 15K miles, excellent gas mileage, \$23,500, 321-544-5929.

2006 Mustang, V6 Pony package, custom rims, Shaker stereo/CD, 4K miles, gun metal blue, \$21,000, 454-7279.

HOUSEHOLD FURNISHINGS FOR SALE

Sofa, love seat, \$100; 2 slate tables, \$100; antique chair, \$100; antique washstand, \$300, 632-5401.

Sleigh bed California King water bed frame, solid wood, oak color, 6 under bed drawers, side rails, \$100, Eric, 321-454-2301.

Dining room table, bevelled glass with white stucco base, 4 parsons chairs, like new, \$200/BO; curio cabinet, oak with glass shelves, \$75/BO, 453-4803.

Couch/loveseat, camel/brown stripe, excellent condition, \$275; desk w/hutch, chest of drawers, nightstand, \$100, 253-2615.

Pop up trundle unit w/twin mattress, \$70/BO, 302-5415.

PVC patio set, like new, oval table, 54"x36", 4 chairs, one recliner, ottoman, cushions light/medium blue w/silver & mauve stripes, \$225, 453-4518.

Glass top patio table with six chairs, great condition, \$70/BO, Joe, 636-4119.

Dinette tables, no chairs, \$20/each, 632-5622.

60" round glass table top, 5/8" thick w/laser cut edge, new \$300, sell \$100/BO, 321-269-8723.

Recliner, Peoplounger, chocolate brown fabric, new, excellent condition, retail \$1089, sell for \$400, 427-4345.

Solid oak cabinet from Haverty's, holds a 36" TV w/component shelves, 62Wx24Dx54H, \$650/BO, Mike, 321-432-7452.

Child's chest of drawers and desk with matching hutches, \$300, 633-0352.

Wood coffee table, 2 end tables, cherry wood color, good condition, \$80, Richard, 508-2652.

Oak entertainment center, 6'H x 9'L, 3 sections, beautiful, paid \$1500, asking \$200/BO, 453-4163.

Patio set: round white metal table, glass top, 4 chairs with cushions, great condition, can e-mail photo, you pick up in New Smyrna Beach, \$80, 386-690-5370.

Wood rocking chair and ottoman, maroon, good condition, \$75, 537-9870.

Rattan glass tabletop, 4 chairs, hutch, buffet, \$75, 321-698-5982.

Wood bunk beds in good shape, no mattresses, \$100/BO, 383-1883.

Wicker chair, 1930s era, large, sturdy, \$150; rocking chair, dark wood, cane seat, excellent condition, \$75, 321-383-1884.

Futon, queen size, 2 different covers, light wood frame, used little, excellent condition, \$150, 453-6784.

Sectional "L" shape couch, earth tone color, very good condition, \$175, 633-7585, after 4:00 pm.

Dark green couch, 4 years old, photos available, \$100/BO, Jeremy, 407-927-9387.

APPLIANCES FOR SALE

Washer/dryer, Kenmore, white, good condition, \$100/both, 269-7809, after 6:00 pm.

Kenmore range hood, white, never used, recirculating vent w/high-low settings, range top light, 502-468-8135.

Dorm size refrigerator, \$50, 321-449-8848.

Food processor, \$15, 698-0027.

Maytag Neptune gas dryer, front loader, white, minimal usage, \$175, 720-3165.

Kenmore refrigerator, almond, 18cf, works great, ice-maker, very good condition, \$150/BO, 631-3566.

New microwave, 1000 watts, \$40, 321-698-5982.

MOTORCYCLES, ATVs & EQUIPMENT FOR SALE

1982 BMW 1000RT touring bike, full fairing, Krauser hard bags, Corbin seat, etc., \$1000, 631-9955.

1985 Honda Aspencade touring bike, 38K miles, garage kept, very clean, \$3400, 298-0105.

1985 Honda 650 Nighthawk, excellent condition, \$1200 firm, 698-6977.

2000 Harley-Davidson Road King, 2-tone paint, green/black, 1 owner, showroom condition, many extras, 13,560 miles, \$12,500, 321-636-1215.

2002 Warrior 350 4-wheeler, very low hours, excellent condition, \$3000/BO, call for pics, 794-2686/684-1105.

2002 Polairis 325CC, runs great, aftermarket rims/tires, \$2000, 631-0947.

2002 Harley Road King, blue/silver, 19K miles, extras, \$13,500, 321-728-1779.

2003 Suzuki SV 650 S, 1 owner, adult ridden, maintained, never wrecked or hot-rodded, includes gear, \$4500, 271-7697.

2003 Honda VT750 Spirit, excellent condition, \$4200/BO; 2003 Honda XR100R, new condition, \$1200/BO, Don, 639-3711.

2004 Harley-Davidson Superglide, 13,500 miles, 1450cc, fuel injected, \$11,500, 432-8094/383-6087.

2005 Kawasaki ZX636-C1 Ninja, silver/black, excellent condition, 300 miles, accessories, \$7000, Carl, 321-633-1381.

2005 custom chrome chopper, 100ci, 6-speed, SS braided hoses/lines, Dakota digital display, 500 miles, over \$21K invested, sell \$16,000, Sam, 794-5878.

Go-Kart, 5hp Briggs, older race-type, good condition, runs great, \$375/BO, 537-4821.

FLHT parts: new oil level & temp dipstick, \$75; HD adj. highway pegs, \$75; S&S stainless exhaust, \$250, 637-1379.

Sporster pillow top seat, fits 2004-06 XL1200 and XL833c, \$150, 904-669-8699.

BOATS & EQUIPMENT FOR SALE

15'6" 2003 Gheenoe Classic, 25 Johnson, galvanized trailer, trolling motor, fish finder, \$3500, 501-8329.

16' 1999 McKeeCraft center console, 2001 90hp Yamaha, 2001 aluminum trailer, low hour, excellent condition, \$8000, 269-3897.

16' canoe, white, \$500; 16' green/black marble color, square back canoe, w/bait well, \$450, 863-8192.

16' 2005 Lagoon Heron TE flats boat, '06 50hp Evinrude E-Tec, <30 hrs, aluminum Continental trailer, many extras, \$15,000, 626-8067.

17' 1996 Carolina skiff, 2001 75hp Mercury, 260 hours, T/M poling PLTFM, bimini, SS prop, push pole, \$4500, Ken, 321-720-6672.

17' 1898 Ragin Cajun bass boat, includes slalom ski, ropes, ski pole, vest, ski prop, tube, 150hp Mercury motor, 271-1156. 19' 2005 Sea Boss Bay boat, 90hp Johnson, aluminum trailer, Minn Kota 70lb thrust, troll motor, F.F. 50 hours on rig, \$15,500, 321-728-1779.

19.5' 1988 Aquasport center console, 150 Mariner, bimini top, spray hood, Loran, VHF, fishfinder w/water temp, speedometer, \$5500, 636-6849.

20' 1995 Bayliner Trophy walk around, new trailer in 2001, for offshore fishing, GPS, VHF, outriggers, downrigger, 120 Mercury, great on fuel, \$10,000/BO, 863-9844.

20' 2006 Sundance B-20 Bay/Skiff, 90 Yamaha, galvanized trailer, C/C, bimini, 2 live wells, 50hrs, on motor, like new, \$13,950, 321-266-7022,

20.5' Wellcraft, deep "V", 200hp Johnson, V6 outboard, trailer, extras, \$2500/BO, 453-1245.

23' 1990 Chaparral 2350SX sport boat, 330hp Bravo I outdrive, runs excellent, cutty cabin, aluminum trailer, \$9800/BO, LaPinta, 321-453-3287.

1999 SeaDoo, GSX-RFI, two-seater, low hours, runs great, trailer/cover/vests, \$3250, Richard, 321-948-7440.

2000 Maxum 1800 bowrider, 125 Mercury OB, bimini, boat cover, bow cover, ski pylon, trailer, swim ladder, AM/FM, 47mph, good condition, \$8899/BO, 269-5359.

2004 SeaDoo 3DPremium, like new, 3 years warranty, converts to 3 different rides, \$3700, David, 321-446-4088/321-453-0502.

2 Yamaha Waverunners, low miles, \$7400, John, 258-6994.

MUSICAL INSTRUMENTS FOR SALE

Violin, child's, like new, used twice, includes case, \$65/BO, 321-264-1934.

Baldwin console piano, walnut finish, traditional design, good condition, \$550, 268-9394.

ELECTRONIC EQUIPMENT FOR SALE

Denon Home Theater system, excellent condition, includes 75 watt receiver, DVD-900 player & 5 speakers, plus subwoofer, \$350/BO, 698-2301. JBL surround sound system, \$350/BO, 302-5415.

ELECTRONIC EQUIPMENT FOR SALE (Continued)

2 Teak, solid, Bose 901-like speaker enclosures, each 24"w x 14"d x 11"h, Alan, 452-8422.

HP Pavilion CPU, 933 MHz,CD-RW, 128SDRAM, 40GB HD,15" monitor, printer, keyboard, mouse, plus S/W, great condition, \$300, Jerry, 636-7233.

Sony three head solid state stereo, reel to reel tape recorder, Model TC-630; Magnavox solid state stereo reel to reel tape recorder, BO, 615-7038.

12" Jensen box speakers, 30 x 7 custom box, Sony 1000 watt, amp, \$180 all, 321-449-8848.

2 Infinity amps REF7521A, \$150/each; 2 Infinity 12" subs MTX box, \$175; Sony XPLOD XM-2100GTX amp, \$75; 12" sub in Q logic box, \$100, Doug, 453-5069.

Kenwood stereo equlizer, receiver, 5-CD, \$40/all; VCR's \$20/each; Minolta underwater camera, \$25, 321-698-5982.

Big screen TV, older model, receiver works well, \$250/BO, 383-1883.

US Robotics Courier V. Everything commercial modem with cables and surge protector, \$10, 868-1895.

Sony PSP, 2 games, 2 movies, hard case, USB cable, and charger, \$175/BO, 321-676-4396.

ADEMCO 5816 door/window transmitters, wireless, 3-1/16"H x 1-9/16"W x 1-3/16"D, new, paid \$30, sell \$12, 269-3897.

MISCELLANEOUS FOR SALE

Radial arm saw, \$150; drill press, \$60; 5th wheel hitch, \$100, 632-5401.

Explorer running board kit, 4 door, Eddie Bauer trim, large flares, new NOS Ford parts, seastang@bellsouth.net, \$50, 636-7306.

New vinyl picket fence, 4-8' sections, \$110, 452-8909.

Winter jackets, like new, boys, gray, size 8/10; girls, pink, size 14/16, both have removable inner jacket and hood, pics available, \$35/each, 749-2511.

55 gallon aquarium, under gravel filter air pump hood with 50/50 lights, \$150, Phil, 784-9412, after 4:00 pm.

Rubbermaid commercial mop bucket on wheels w/ringer & mop, \$30, 453-7113.

Evenflo Mega Exersaucer, jungle theme, barely used, \$30, 302-5415.

Men's 27" Bianchi-Volpe touring bike, 18-speed, like new, \$175, Bill, 459-9718.

Diamond plate tool box for small pickup, \$85; girl's 20" bike, good shape, \$10; E.G.R. valve 92 Chevy pickup, new, \$30, 632-5622.

Multi-Surface steam cleaner, 1600 watts, extra accessories, \$95; Ab-Roller exercise unit, \$20, 698-0027.

Even heat kiln, shelves, stands, excellent condition, used twice, \$400; excellent Clay Boss potters' wheel, \$200, \$500/both, Anne, 452-6330.

42" Troy Bilt 17hp riding mower, pedal drive, mulch kit, \$300/BO, 268-8236.

National Sandwich Franchise manuals, terms available, Brian, 386-314-9641.

17" 6-lug Eagle wheels & tires for Nissan Frontier, \$300, 453-1142.

Antique 1965 "GULF" Gas Pump model #548 Bennett, orange, white, lots of stainless diamond plate, excellent condition, \$1500, 868-2845/453-1245.

6'x12' trailer, new tires/spare, \$550/BO, 631-0947.

Ford Dana 60, 4:10 gears, rear end, \$200/BO, 795-3147.

Pro comp 33" mud tires (520), \$120; 4 stock Ford 15" aluminum rims, \$150; 500 BTU A/C, good condition, \$50, 321-449-8848.

Bear Whitetail Hunter 2 compound bow, camo w/quiver, \$30; "WonderWheeler" beach carry-all, large wheels, portable, like new, cost \$50, sell \$25, 794-6151.

Step 2 child's play set w/slide, like new, \$30, 633-0352.

Portable electric generator, Coleman Powermate Contractor, 5000 watts, used once, less than 12 hours, \$400, 750-2453.

Legend electric 3-wheel scooter, lights, front basket, horn, beige, \$1100/BO, Reggie, 383-4953.

Set of 4 BBS aluminum 18", 6 lug rims w/tires, \$1200/BO, 321-302-5356.

Revo 3 wheel scooter for handicapped, like new, holds 250lbs, turning radius 38", flat free tires, speed 4.5mph, \$1600 new, asking \$900, 631-2959.

Disney Store Beauty and the Beast dress, size 8/10, \$5; Batman costume with cape, size 6, \$5; 35 pc. dress up clothes box, \$7, 268-4766.

6 Craftsman wood lathe tools, like new, \$60, 631-3566.

Full size Arcades PAC MAN, \$700; MS PAC MAN, \$1300; Golden Tee 98, \$875, all good condition, 537-9870.

LEER, fiberglass topper, black, new condition, fits full size short bed truck, \$550; Titan 3" mud hog, trash, pump, new, never used, \$750, 321-728-1779.

Large ceramic table lamp, \$10; 3 gallon water cooler, new, \$10; mini peddle bike, new, \$50; 2 white Twist floor lamps, \$50/each, 321-698-5982.

Sail board, 9'-1"x22-3/4", epoxy/Divinicell/styrofoam sandwich construction, \$250/BO, 772-834-6184.

Weight bench, Weider weights, Marcy Power 870ip w/leg lift, straight bar, weight rack, most weights, 449-0485.

Hard tonneau cover, A.R.E. LSII series, silver (lunar), for Toyota Tacoma doublecab, '01 to '04, \$250, Rusty, 476-2187.

Model airplane engines: Cox TD .15, Cox Medallion .09, new w/muffler, Cox TD .049, new, Medallion .049, cheap, Pete, 698-2589.

Changing table, light maple, excellent condition, \$50, 407-568-1492.

Boy's Haro bicycle w/pegs, \$40; bicycle stand-2 bikes, \$15; Little Tykes toy box, bookshelf, white/blue, \$50; Fisher Price pool table/air hockey game, \$30, 784-6193.

52" white ceiling fan, brass trim, four lights, \$20; 48" x 80" bifold louvered closet doors, \$10, 868-1895.

Hobart Champion 4500 welder generator, \$1000, 904-669-8699.

MISCELLANEOUS WANTED

35x12.5x15 tires in good shape, 321-268-3915, leave message.

Vance & Hines header pipes 1-n-1 or complete set after market 2-n-1 header to fit Harley FLH, 321-536-7021.

One 8' regulation size pool table, pocket style, Woody, 480-2121.

Push pole for flats fishing, 321-266-7022.

Baby items in new or like new condition, clothes, high chairs, toys, reasonably priced, 431-9023.

Saltwater fishing reels/rods, Penn, Shimano, 10'+ cast net, in good condition, 271-4626.

Used cell phone for use on Verizon network, prefer 5 years old or newer, fully functional, Joe, 321-427-6440.

Carpet for garage, about 10x15, gently used ok, cheap, Debbi, 504-9641.

Gas lawn edger, good working shape, 321-298-8046.

Canoe, in good condition, 321-773-8749.

Used or new manga graphic novels, anime DVD's or VHS, any type, any title, Samantha, 454-4472.

Queen size mattress/springs, headboard, night stand, dresser, 480-6776.

Baby Jesus for large outdoor Nativity Scene to replace one that was stolen, 868-1895.





